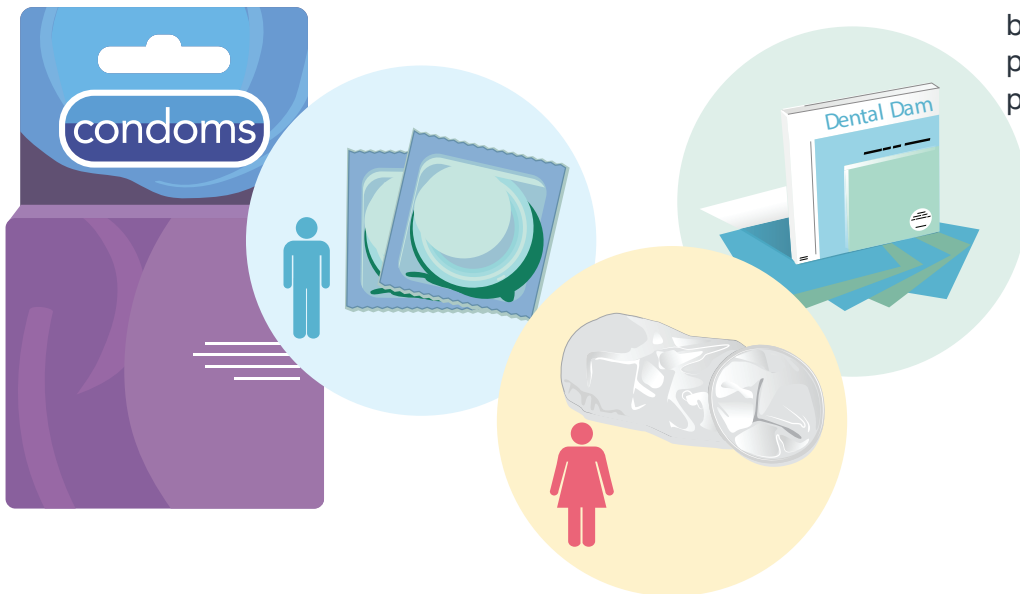


ZIKA CAN PASS THROUGH SEX



Have you or your partner been to an area with Zika?

If yes, use condoms every time you have sex.



What you should know about Zika and sex

Because the Zika virus can cause certain birth defects, take steps to prevent your partner from getting Zika during her pregnancy.

Women:

Use condoms for at least 8 weeks.

Men:

Use condoms for at least 6 months.

This is very important if your partner is pregnant.

Zika virus spreads primarily through the bite of an infected mosquito. Anyone who is sexually active and infected with Zika can pass it to their partners through sex. You can protect yourself and your partner by preventing mosquito bites and using a condom every time you have sex, or by not having sex.



If you think you may have or had Zika, tell your doctor or healthcare provider:

- About your symptoms
- If you have taken steps to prevent mosquito bites
- If you had sex without a condom with your pregnant partner



For more information:

www.cdc.gov/zika
www.nj.gov/health

#ZapZika



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

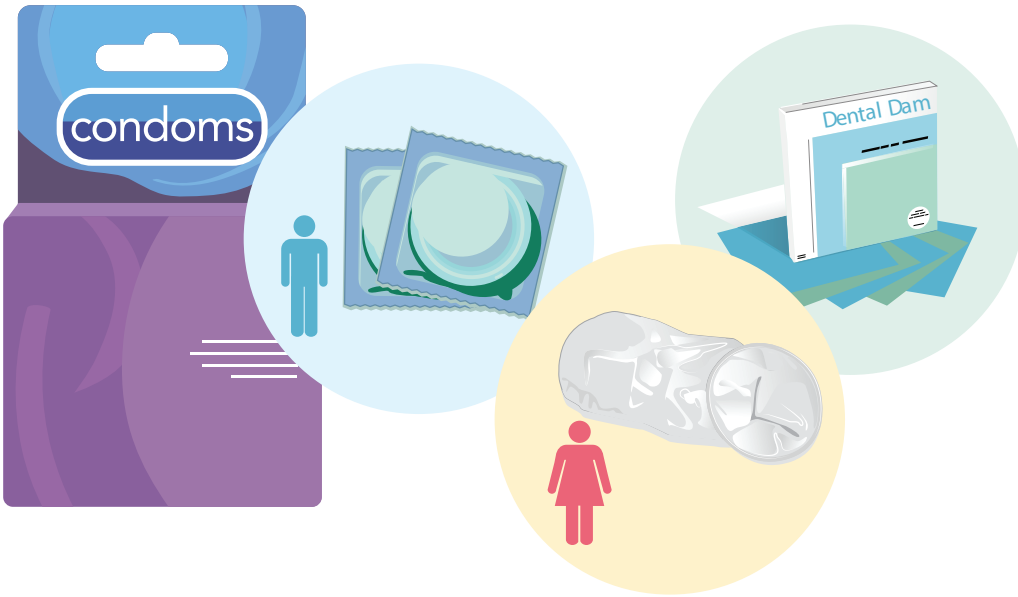
Repons CDC bay sou **Zika**

ZIKA KA TRANSFERE ATRAVÈ SÈKS



Eske ou menm oswa patnè w la te nan yon zòn ki gen Zika?

Si Wi, itilize kapòt chak fwa wap fè sèks.



Kisa w ta dwe konnen sou Zika ak sèks

Paske viris Zika a ka lakòz sèten defè anòmal lè tibebe a fèt, pran dè mezi ki pou anpeche patnè w la pran Zika pandan gwosès li.

Fanm:
Itilize kapòt pou omwen 8 semèn.

Gason:
Itilize kapòt pou omwen 6 mwa.

Sa trè enpòtan si patnè w la ansent.

Viris Zika a prensipalman pwopaje lè yon moustik ki enfekte mòde yon moun. Nenpòt moun ki seksyèlman aktif epi ki gen enfeksyon Zika kapab transmèt li bay patnè li nan fè sèks. Ou ka pwoteje tèt ou ak patnè w la lè w anpeche moustik mòde w ak lè w itilize yon kapòt chak fwa wap fè sèks, oswa pa fè sèks.



Si ou panse ke ou ka gen oswa ou te gen Zika, di doktè ou oswa founisè sante ou:

- Ki sentòm ou santi
- Si ou te pran dè mezi pou anpeche moustik mòde w
- Si w te fè sèks san kapòt ak patnè w la ki ansent



Pou plis enfòmasyon:
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www.nj.gov/health
#ZapZika



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